

Time:	6h 30'
Distance:	~ 54km / 360HM
Difficulty:	●●○○○
Endurance:	●●●○○

## **Guided e-bike tour „Teguise - Timanfaya - La Geria“**

We will travel by car to Teguise to avoid the first climb up to a total of 330 meters above sea level!

From the old Island capital of Teguise, we cycle down to San Bartolomé, where we can take a quick drink at the Monumento al Campesino, designed by César Manrique

We will then continue on to Timanfaya.

In the dramatic lava fields of the Timanfaya National Park, we will make several photo stops and the guide will also provide information about the development of this stunning landscape. As a highlight to the tour, we can go into a volcano.



After that we go through the unique wine growing region of La Geria, where we will stop in one of the local bodegas and have some “tapas”.

Following this break we will drop down to Puerto del Carmen – where we begin our return to Costa Teguise.

We will cycle along the beautiful beach promenade, which passes the airport and follows the beaches of Playa Honda, Las Conchas, El Cable and onto Arrecife.

Although there are often headwinds on the return trip the Beach promenade has no significant inclines. There is only the last short climb by the Port of Arrecife before coming back into Costa Teguise.

This tour can be taken on the day of your choice.

The start is at 10.30 a.m. in Costa Teguise.

Minimum number of participants: 2 persons.

The duration of this tour is dependant on those taking part. We will set a pace that is manageable for all who are cycling. Net time on the bike is usually about 4 hours.

The guide on this tour will provide you with interesting and entertaining information about wildlife and the geological features of Lanzarote.

### **You should bring the following with you:**

- ✓ Sunscreen (lotion, sunglasses)
- ✓ ¾ l bottle of drinking water (minimum)
- ✓ adequate clothing and a light jacket - if it is windy

**Price:** 75€ (groups of three or more receive a 15% discount)<sup>1</sup>

**Kontakt & Buchung:** Angel Fernández Blasco: +34 685 148 888

<sup>1</sup> Optional consumption not included